

# Orthopaedic Tests



- A -

- abduction external rotation test
- abduction load and shift test
- abduction stress test
- accordion test
- Achilles squeeze test
- Achilles tendon test
- activated partial thromboplastin time test (APTT)
- active bending test
- active knee extension test
- actual leg length test
- Adams forward-bending test
- Adams position test
- Adams scoliosis test
- adduction load and shift test
- adduction stress test
- Adson test
- AKE test
- Allen test
- Allis test
- ALRI test
- Anderson medial-lateral grind test
- Andrews anterior instability test
- ankle clonus test
- ankle dorsiflexion test
- anterior apprehension test
- anterior drawer test (ADT)
- anterior rotary drawer test
- anteroposterior stress test
- antinuclear antibody test
- anvil test
- AO pseudoisochromatic color plate test
- Apley compression test
- Apley distraction test
- Apley grinding test
- Apley knee test
- Apley scratch test
- apprehension test
- ARA Test
- arch-up test
- arm fossa test
- arthrometer test
- axial compression test
- axial load test
- axial manual traction test
- axon reflex test

## **- B -**

- Babinski test
- ballottement test
- Barlow hip instability test
- Barlow provocative test
- Beals test
- Bechterew test
- Beery Visual Motor Integration Test
- Bekhterev sitting test
- belly-press test
- bench test
- Berg balance test
- biceps jerk reflex test
- Bielschowsky head tilt test
- big toe test
- Biodex test
- block test
- blot test
- Booth test
- bounce home test
- bowstring test
- Boyes test
- bracelet test
- brachial plexus tension test
- Bragard test
- break test
- British test
- brush test
- Bunnell test
- Bunnell-Littler test
- Burke test
- Burn bench test

## **- C -**

- calceoli test
- calf squeeze test
- Callaway test
- carpal compression test
- Carroll test
- catch and clunk test
- Centinela supraspinatus test
- cerebellar function test
- cervical compaction test
- cervical sidegliding test
- Chaddock test
- chest expansion test
- Chiene test
- Childress duck waddle test
- chin-to-chest test
- circle draw test
- Clarke patellar compression test
- clock balance test
- clunk test
- cold pressor test
- Coleman lateral block test
- Combat Task Test

- compression test
- concealed straight leg raising test
- conduction velocity test
- confrontational test
- contralateral straight leg raising test
- costoclavicular syndrome test
- Cotton ankle instability test
- Cotton fibular bone hook test
- cough test
- Cozen test
- Cram test
- crank test
- Crawford small parts dexterity test
- crossover test
- Cybex isokinetic test

## **- D -**

- D'Ambrosia test
- de Kleyn test
- Deerfield test
- Deyerle sciatic tension test
- dial test
- digital response test
- dipyridamole handgrip test
- disk diffusion test
- disk space saline acceptance test
- distal compression test
- distraction test
- dorsal drawer test
- dorsiflexion-eversion test
- double leg raise test
- Downey texture discrimination test
- drawer test
- drop-arm test
- dual photon densitometry test
- duck-waddle test
- Dugas test
- Duncan prone rectus test
- Dunn multiple comparison test
- Durkan carpal compression test
- Dvorak test
- Dynatron 2000 muscle test

## **- E -**

- Eden test
- eighty-nine-newton test
- elbow flexion test
- elbow jerk reflex test
- Elithorn Maze Test
- Elson middle slip test
- Ely heel-to-buttock test
- empty can test
- endpoint of orthopedic test
- eversion stress test
- excessive laxity test

- external rotation stress test
- external rotation-abduction stress test (EAST)
- extrinsic entrapment test
- extrinsic tightness test

## **- F -**

- FABER test
- fabere test
- FADIR test
- Fastex proprioceptive and agility test
- Feagin shoulder dislocation test
- femoral nerve stretch test
- femoral nerve traction test
- fibular bone hook test
- fibular compression test
- figure-of-eight test
- figure-of-four test
- fingertips-to-floor test
- finger-to-finger test
- finger-to-nose test
- Finkelstein test
- first metatarsus rise test
- Fisher Protected Least Significant Difference test
- Fist-Palm-Side Test
- Fist-Ring Test
- flat-hand test
- flexion spinal radiography test
- flexion-rotation-drawer knee instability test
- flip test
- fluctuation test
- foot placement test
- foraminal compression test
- forced adduction test
- forearm supination test
- forefoot adduction correction test
- forefoot block test
- Fortin finger test
- Fournier test
- Fowler test
- FRD test
- Froment ulnar nerve function test
- fulcrum test

## **- G -**

- Gaenslen test
- Galant test
- Galeazzi test
- Galveston orientation and amnesia test (GOAT)
- Garrick test
- George test
- Gilchrist test
- Gillet marching test
- gluteus maximus tensing test
- golfer's elbow test
- Gordon squeeze test

- gracilis test
- gravity drawer test
- gravity stress test
- grimace test
- grinding test
- grip strength test
- Grooved Pegboard Test

## **- H -**

- Hamilton ruler test
- Harris Infant Neuromotor Test (HINT)
- Hautant test
- Hawiva test
- Hawkins test
- heel-palm test
- heel-rise test
- heel-tip test
- heel-to-knee test
- heel-to-shin test
- Helfet test
- hip abduction stress test
- Hoffa test
- Homans test
- Hoover test
- hop test
- Houle test
- Hughston external rotation recurvatum test
- Hughston knee jerk test
- Hughston plica test
- Hughston posterolateral drawer test
- Hughston posteromedial drawer test
- Hughston-Losee jerk test
- hyperabduction syndrome test
- hyperextension test

## **- I -**

- iliac compression test
- iliopsoas test
- impingement test
- Ingram-Withers-Speltz motor test
- inhibition test
- intrinsic tightness test
- inversion stress test
- ischemic forearm exercise test

## **- J -**

- Jack test
- jackknife test
- Jackson compression test
- Jacob shift test
- Jakob test
- Jamar test

- Jansen test
- Jebsen hand test
- Jebsen-Taylor hand function test
- jerk test
- Jobe test
- jogging in place test
- Johnson-Zuck-Wingate motor test
- Jolly test

## **- K -**

- Kelikian push-up test
- Kemp test
- Kernig test
- Kleiger test
- Kleinman shear test
- knee flexion stress test
- knee instability test
- knee jerk reflex test
- knee laxity test
- knee-drop test
- kneeling bench test
- Kolmogorov-Smirnov test
- Kruskal-Wallis test

## **- L -**

- Lachman test
- Lam inversion test
- Lasègue rebound test
- lateral block test
- lateral pivot shift test
- lateral squeeze test
- leaning hop test
- Lewin punch test
- Lewin reverse Lasègue test
- Lewin snuff test
- Lewin standing test
- Lewin supine test
- Lewin-Gaenslen test
- Lewis-Prusik test
- Lichtman test
- lift-off test
- ligamentous instability test
- light touch test
- Lippman test
- load and shift test
- locking-position test
- Losee knee instability test
- Lovett test
- Ludington test
- Luekens wrinkle test
- lumbar extension test
- lumbar lateral flexion test
- lumbar protective mechanism test
- lumbar rotation test
- lunotriquetral shear test

- Lysholm knee test

## **- M -**

- MacIntosh lateral pivot shift test
- Maddox rod test
- Maigne test
- manual muscle test
- matchstick test
- McCarthy test
- McMurray test
- Mennell test
- MicroFET2 muscle tester
- middle-finger test
- military posture test
- milk test
- Mills test
- Minnesota Manual Dexterity Test
- Minnesota Rate of Manipulation test
- Minnesota Spatial Relations Test
- Moberg Picking Up Test
- monofilament pressure test
- Morton test
- Murphy punch test
- MyoForce test

## **- N -**

- Naffziger test
- navicular drop test
- Neer impingement test
- nerve compression test (NCT)
- nerve conduction velocity test
- Neviasser test
- Nobel test
- Noyes flexion rotation drawer test

## **- O -**

- Ober test
- oblique retinacular ligament tightness test
- O'Connor finger dexterity test
- O'Connor tweezer dexterity test
- O'Donoghue test
- one-leg hop for distance test
- one-leg stance test
- Oppenheim stroke test
- opposition test
- OsteoGram bone density test
- Osteomark bone-loss urine test
- Osteopatch bone density test
- overhead exercise test

## **- P -**

- Paget test
- pain provocation test
- palm-up test
- parachute test
- passive accessory motion test
- passive patellar glide test
- passive patellar tilt test
- passive physiological test
- patellar apprehension test
- patellar glide test
- patellar inhibition test probe-to-bone test
- patellar retraction test
- patellar tap test
- Patrick test
- Patrick/fabere test
- peak torque test
- pelvic rock test
- Perkins test
- peroneal tunnel compression test
- Perthes tourniquet test
- Phalen wrist flexion test
- Physical Ability Test (PAT)
- pick-up test
- pinprick hyperalgesia test
- pivot-shift test
- plantarflexion-inversion test
- plica test
- posterior apprehension test
- posterior drawer test
- posterior stress test
- posterolateral drawer test
- posteromedial pivot-shift test
- prone extension test
- prone external rotation test
- prone knee flexion test
- prone knee-bend test
- prone rectus test
- proximal compression test
- pseudostability test
- pulse status-pull test
- push-pull test
- push-up test

## **- Q -**

- quadrant test
- quadriceps active test
- quadriceps contraction test
- quantitative sudomotor axon reflex test (QSART)
- Queckenstedt test
- Queckenstedt-Stookey test

## **- R -**

- RA test
- recurvatum test
- rekindling test
- relocation test
- reverse Lasègue test
- reverse pivot shift test
- Romberg test
- Roos overhead exercise test
- rotary drawer test
- rotary instability test
- rotation drawer test
- rotation recurvatum test

## **- S -**

- sagittal stress test
- saline acceptance test
- scaphoid lift test
- scaphoid shift test
- scapular approximation test
- Scheffé test
- Schober test
- seated root test
- Seddon coin test
- Semmes-Weinstein monofilament pressure test
- Sharp-Purser Test
- shear test
- Sherman block test
- shift test
- shoulder abduction test
- shoulder depression test
- shuck test
- side-glide test
- side-jump test
- side-lying iliac compression test
- Silfverskiöld test
- Simmonds test
- simple knee test (SKT)
- single-heel rise test
- sit-and-reach test
- sitting flexion test
- sitting root test
- sit-to-stand test
- sit-up test
- six-minute walk test
- skin resistance test
- skin-gliding test
- Slocum ALRI test
- Slocum anterior rotary drawer test
- Slocum lateral pivot-shift test
- Slocum rotary instability test
- SLR with Bragard test
- SLR with external rotation test
- SLR with Kernig test
- slump test
- Smith and Ross test

- somatosensory test
- Soto-Hall test
- Speed test
- sponge test
- spring test
- Spurling test
- square-shaped wrist test
- squat test
- squatting test
- squeeze test
- Stagnara wake-up test
- Staheli test
- stair running test
- standing apprehension test
- standing flexion test
- standing Gillet test
- starch test
- station test
- Steinmann test
- Stinchfield test
- straight leg raising test (SLRT)
- stress test
- stretch test
- stroke test
- Stroop test
- subtalar inversion test
- sudomotor activity test
- sulcus test
- supine iliac gapping test
- supine long sitting test
- supine straight leg raising test
- suprascapular nerve entrapment test
- supraspinatus test
- sweat test

## **- T -**

- tandem gait test
- tennis elbow test
- tenodesis test
- Tensilon test
- tensing test
- Test of Infant Motor Performance (TIMP)
- test stimulus
- thenar weakness test
- Thomas test
- Thomasen test
- Thompson test
- thumbnail test
- thumb-to-forearm test
- tight retinacular ligament test
- tilt-up test
- timed Allen test
- tissue compression test
- Toglia Category Assessment Test (TCAT)
- tourniquet test
- transverse humeral ligament test
- treadmill test

- Trendelenburg test
- triceps jerk reflex test
- triceps skinfold test
- triple-jump test
- Trömner test
- trunk incurvation test
- Tukey test
- two-part Apley test
- two-point discrimination test

## **- U -**

- ulnar grind test
- Underburger test
- unilateral standing test
- upper limb tension test (ULTT)

## **- V -**

- valgus stress test
- Valpar Whole Body Range of Motion Test
- Valsalva test
- varus stress test
- vertebral artery test
- vertical compression test
- vibration threshold test
- vibrometer test
- volitional muscle action test
- Voshell test

## **- W -**

- wake-up test
- Waldron test
- walk test
- Wallenberg test
- water acceptance test
- Watson test
- Weber test
- Weinstein enhanced sensory test (WEST)
- well leg straight leg raising test
- Wilson test
- wipe test
- Wolf motor function test
- Wright test
- Wright-Adson test
- wrinkle test
- wrist flexion test
- Wu sole opposition test

## **- Y -**

- Yeager test

- Yergason shoulder subluxation test